

Case study

Chronic obstructive pulmonary disease Phase III clinical trial

Chronic obstructive pulmonary disease (COPD) is a type of obstructive lung disease characterized by long-term breathing problems and poor airflow. The main symptoms include shortness of breath and cough with sputum production. COPD is a progressive disease, meaning it typically worsens over time.

Summary

- Providing home-care service to dozens of chronically-ill patients in a Phase III clinical trial
- Helping the sponsor work out a model that fits local requirements
- Providing a cost-effective service of remote visits in clinical trials

The challenge

Pharma Professionals have been asked by our CRO partner contracted by one of the leading pharmaceutical companies to provide home care visits for patients with COPD. We had very tight timelines for the launch of the study, incl. translations of the documents, training personnel according to the protocol as well as coordinating activities of the site pharmacy as well as the courier to deliver investigational drug to patients' homes.

The solution

Since the start of the trial we have been taking care for the study documentation including delegation and training logs, verifying visit source documents, according to protocol and good practices in clinical trials. Although we have been informed in advance that the trial is run in a challenging setup, we have quickly managed to take full control of the situation and following audits confirmed that we were providing service according to guidelines.

The result

Since then patients have benefited from home care visits delivered in remote locations, some of them living 500 km from the site. Home care service has turned out to be an extremely valuable part of the study for both patients and the sponsor in this trial.

Pharma Professionals have built a solid relationship with our CRO partner and have engaged in more studies together as a result.